

IGNACY JAN PADEREWSKI ACADEMY OF MUSIC IN POZNAŃ

Course name	Voice Training	ECTS CREDITS	6
Course coordinator	dr Julia Rosińska-Kopala	Credit hours total	90
Faculty of	Instrumental Studies, Historically Informed Performance, Jazz and Pop Music	Course type	lecture - group instruction
Institute of	Jazz and Pop Music	Mode of study	full-time programme
Major	Jazz and Pop Music	Profile of study	general academic
Specialisation	Jazz Vocal Studies	Language of instruction	Polish/English
Cycle	First-Cycle Studies	Course group	core

Course placement in the study plan			
Semester 1	15 hours, exam, 1 ECTS	Semester 2	15 hours, exam, 1 ECTS
Semester 3	15 hours, exam, 1 ECTS	Semester 4	15 hours, exam, 1 ECTS
Semester 5	15 hours, exam, 1 ECTS	Semester 6	15 hours, pass/fail, 1 ECTS

Teacher	dr Julia Rosińska-Kopala
Learning aims and objectives	<p>The aim of the course is to:</p> <ul style="list-style-type: none"> Equip students with the ability to use their voice freely across low, middle, and high registers Develop essential habits for vocalists, including correct posture and articulation technique Enhance the flexibility of the respiratory, phonatory, and articulatory musculature, mastering soft sound onset, optimizing the use of resonators, and refining the coordination of the jaw, tongue, and soft palate to support healthy and expressive vocal production
Prerequisites	<ul style="list-style-type: none"> Students are expected to meet the vocal criteria established during the entrance examination Good sense of pitch Healthy vocal apparatus

COURSE CONTENT

Semester 1
<p>The course covers:</p> <ul style="list-style-type: none"> Foundational knowledge of the physiology and anatomy of the vocal apparatus Vocal breathing techniques Role of the piano in supporting correct voice production Proper articulation
Semester 2
<ul style="list-style-type: none"> Introduction to vocal techniques Development of phonatory awareness Refining diction
Semester 3
<ul style="list-style-type: none"> Understanding of resonance spaces and their role in vocal projection Logical phrasing Development of awareness in executing legato and staccato passages
Semester 4
<ul style="list-style-type: none"> Expands the vocal range through targeted exercises Experimentation with timbre, registers, and dynamics to broaden expressive capabilities Refining articulation skills
Semester 5
<ul style="list-style-type: none"> Vocal interpretation, guiding students in selecting appropriate techniques for expressive delivery Addressing performance anxiety and supporting vocal well-being through practical strategies
Semester 6
<ul style="list-style-type: none"> Preparing the diploma recital repertoire. Students are encouraged to pursue independent vocal development, supported by scholarly literature and phonographic resources, with a focus on building vocal stamina and artistic maturity.

	Learning outcome reference code	LEARNING OUTCOMES	Descriptor	
			PQF STAGE 2	PQF STAGE 1
Knowledge		Student knows and understands:		
	JiME1_W10	design, maintenance, repair and tuning of the selected musical instrument	P6S_WG	P6U_W
Skill		Student is able to:		

	JiME1_U11	utilise technical proficiency to deliver a professional musical performance and identify technical challenges specific to each instrument (such as tonality, precision etc.)	P6S_UW	P6U_U
	JiME1_U12	utilise correct habits in applied techniques and posture, which allows performers to employ their entire body in an effective yet health-friendly way	P6S_UW	P6U_U
Competence		Student is able to:		
	JiME1_K11	adapt to new, changeable environment which may occur during the professional or artistic projects	P6S_KR	P6U_K

TEACHING METHODS

Lecture, reading comprehension, discussion
Case studies analysis
Group work
Analysing CD /DVD recordings
Individual work
Online training/learning

LEARNING OUTCOME VERIFICATION METHODS

Final requirements – successfully completed year, grading criteria	Learning outcome reference code
Practical exam	JiME1_W10, JiME1_U11, JiME1_U12, JiME1_K11

ASSESSMENT METHODS AND CRITERIA

Course Completion Requirements	Attendance and active participation in classes Timely submission of all assignments and projects
Exam Requirements	To be eligible for the final examination, students must obtain a course credit (pass). The examination will assess both theoretical understanding and practical skills as specified by the curriculum.

STUDENT WORKLOAD	Credit hours total	ECTS CREDITS
Contact hours with the instructor	90	6
Hours of independent student work	12	

Recommended reading

Phonographic recordings of performers from the mandatory repertoire list, as well as interpretations by leading masters of jazz vocal artistry.

Supplementary reading

- Gałęska-Tritt, Jadwiga. *Psychofizjologia śpiewu dla każdego*.
- Łastik, Anita. *Poznaj swój głos*.
- Miśka, Hubert. *Z zagadnień emisji głosu*.
- Górski, Henryk. *Zbiór ćwiczeń z emisji głosu*.
- Tarasiewicz, Bogumiła. *Mówię i śpiewam świadomie*.
- Zalewska-Kręcicka, Maria. *Głos i jego zaburzenia*.

Supplementary Materials

- DVD and CD materials
- Academic publications on topics discussed in a given semester

On-line libraries and resources